

APRIL 4<sup>TH</sup> 2018



# WEDNESDAY WINDOW

## COMING EVENTS

April 5<sup>th</sup> – C7 12hr Relay

April 11<sup>th</sup> – Founders Meeting

April 13<sup>th</sup> – End of Term 1. School ends 1pm

April 30<sup>th</sup> – Term 2 Begins

## KIA ORA WHANAU

As I sat with my morning cup of tea yesterday, looking out at my garden, I noticed the very tall and beautiful red dahlia plant I have growing there, had fallen over and was not looking quite as beautiful as it usually does.

Those of you who know me, might call it procrastination, but I thought I couldn't possibly get on with this newsletter when it was lying in its fallen state, so I had to immediately... finish my cup of tea, (nothing phlegmatic about me), find the secateurs and garden twine and return it to its former glory.

As I was snipping and pruning and saving the flowers to take inside and arrange, it came to me that this was the actually the subject matter for this newsletter, which of course made the procrastination worthwhile and perfectly justified, Ah, the self-delusion we are capable of.



When the dates of the school term allow, there are two pictures that the festival group likes to put in front of the children.

The first is one of Service and Sacrifice, the second, is the picture of that sacrifice and service transformed into New Life.

Before our Easter break, the children were presented with the story of How the Kiwi Lost his Wings, a story of service and sacrifice for the ongoing preservation and regeneration of the forest for the good of all.

This coming week all the children will participate in planting bulbs, that at the moment look lifeless, dried out, brown and shrivelled, yet hold the possibility of new life in our coming Southern Hemisphere Spring.

The red dahlia that grows in my garden now, was given to me as one of these shrivelled and lifeless looking tubers by my late mother-in-law, who in turn received it from her mother.

I had my soul uplifted by the beauty of the flowers and joyful experience of arranging a vase full of these dahlia flowers, all this made possible by the actions and sacrifices of two previous generations who lived through world wars and depression, yet still enjoyed flowers enough to ensure that they lived on.

Happy Easter

Ngā mihi

Louise



## HEALTH ALERT

Please be aware that Impetigo (or school sores) are around in some of the classes. If you suspect that your child has school sores or are not sure, it is advised that a doctor is consulted. As these are so contagious, our Tauranga Waldorf School procedure is to follow the guidelines from the Ministry of Health, which states that children may return to school one full day after treatment has started and that sores are covered. If you do not follow these guidelines, and antibiotics are not given, children must stay home until sores have crusted over and are no longer weepy or do not have pus in them. Thank you for your co-operation.

# Impetigo

(you say, im-pa-ty-go), also known as school sores

Blisters on exposed parts of body, such as hands, legs and face. Blisters burst and turn into a sore with a yellow crust that gets bigger each day.

The sores are itchy.

The sores spread easily to other parts of the skin. Impetigo is easily spread to other children and adults if they touch the sores.



## What to do

- Go to the doctor.
- Check and clean every day.
- Gently wash the sores with warm water and a soft cloth. Wash the sores until the crust comes off and wash away the pus and blood.
- Check other children for impetigo. Use any cream from the doctor on the sores.
- Cover sores with a cloth or plaster to help stop the infection from spreading.
- Keep your child's nails short and clean.
- Wash your hands before and after touching the skin or sores.
- Make sure your child washes their hands often, especially if they touch the sores.

### How are school sores spread?

Fluid or pus from sores gets on other skin. Keep sores clean and covered.

## Time off from kura or school

One day after treatment has started, or check with your doctor or public health nurse or school.

## What to do if impetigo gets worse

You need to go back to the doctor if any of these things happen:

- sores last more than a week
- sores become red or swollen
- sores have pus in them
- your child has a fever

The infection may have spread to other parts of the body or blood. Your child may need blood tests and antibiotics.



It is important to take the antibiotics every day until they are finished, even if the impetigo seems to have cleared up earlier. The antibiotics need to keep killing the infection in the body after the skin has healed.

## KIA ORA FROM THE KINDERGARTEN

We are excited to be able to announce the following Parent Education Workshops:

### **Festivals in Kindergarten and at home**

Wednesday, April 18th 12:30pm - 2:30pm in the Cowshed  
by Suzanne, Summer Rose Kindergarten teacher

### **Simplicity Parenting**

Two Fridays for parents and two Saturdays for teachers in Term 2, dates to be confirmed by Traceylee Hooton from Taupo. This two-day workshop has been long awaited by our teachers and they are very happy that Traceylee is also available for the parent community. Expect Simplicity Parenting to change your life!

### **Painting/Drawing/Eurythmy**

Saturday, May 5th in the Whare

by Tracey Murphy, Art Therapist, provider of professional development for our teachers

This one-day workshop offers anyone over the age of 18, an experience of exploring artistically, through the beautiful medium of charcoal/carbon an opportunity to open new possibilities about themselves, and how we can understand ourselves in relationship to the world. Using charcoal in the morning, we create our very own carbon mirror using our hands, head and heart.

[traceylmurphy@gmail.com](mailto:traceylmurphy@gmail.com) 021 0233 1888

## KIA ORA FROM CRAFT GROUP

This year we are re-establishing the parent craft circle, so please join us this Friday in the Cowshed from 9am – 12pm. These craft groups are held every Friday and aimed to learn, support and educate each other about Waldorf Education and Crafts. Each week we will be joined by a Kindergarten teacher for half an hour if you have any questions please bring them along.

Join us for a cuppa and a fun morning of crafting, all levels of crafting are welcome there is something for everyone to enjoy. Children are welcome.

If you have any questions, please contact Billie 0223003729

## KIA ORA FROM CLASS 5

**A reminder that the office cannot accept any money or orders on behalf of Class 5. We do not hold enough cash in the office to give any change.**

### **Preloved Clothes Sale**

Class 5 is having a clothing sale on the 10<sup>th</sup> of June. Do not leave any clothing in the Whare, as was mentioned in last Wednesday Window, please only take to Class 5.

### **Remember Friday lunches!**

Locally made, preservative free, all meat sausages \$2

Vegetarian sausages \$2

Cake (GF/non GF) \$1

Juicies \$2

### **Limited Edition M Collections: Class 5 Fundraising Body Butters**

Get a great present for Mother's day, at a great price and support Class 5 in the process.

200g glass jars of M Collections lavish body butter in two scents. Summertime and Rest and Restore. The choice is yours.

Preorders taken by your friendly Class 5-er from 19<sup>th</sup> March 2018

Delivery the week prior to Mother's Day.

\$15 per pot. RRP \$25+

Please see scent descriptions via link.

<https://mcollectionmskin.com/>